

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mous Anke

Coaches: Limme Rajan

Coaches: Vanmeerbeek Rob HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE WOMEN 11-14 Heat:1, starttime: 14:26

Heat: 1/2 Lane : 3 Athlete: DE RYCK HANNE Q-time: 06:14:57

PB (25m pool): 06:14.57 Meise 02/11/2025 PB (50m pool): no time SB: 06:14.57 Meise 02/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.71		01:31.06		no time		03:08.10
	00:43.71		00:47.35					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:14.57
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14 Heat:2, starttime: 14:33

Heat: 2/2 Lane : 1 Athlete: SIMONS HANNA Q-time: 06:01:35

PB (25m pool): 06:01.35 Meise 02/11/2025 PB (50m pool): no time SB: 06:01.35 Meise 02/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:23.49		no time		02:56.17
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:01.35
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:2, starttime: 14:33	
Heat: 2/2 Lane : 2 Athlete: TYAGI YASHWINI							Q-time: 05:36:94	
PB (25m pool): 05:42.33 LEUVEN 21/12/2025				PB (50m pool): 05:36.94 SB: 05:42.33 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:39.02		01:21.28		02:05.41		02:49.49
	00:39.02		00:42.26		00:44.13		00:44.08	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:33.48		04:17.17		05:00.72		05:42.33
	00:43.99		00:43.69		00:43.55		00:41.61	
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:2, starttime: 14:33	
Heat: 2/2 Lane : 3 Athlete: VANHEULE LÉA							Q-time: 05:40:30	
PB (25m pool): 05:49.12 Zaventem 21/06/2025				PB (50m pool): 05:40.30 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:22.24		no time		02:52.40
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:49.12
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11-14							Heat:2, starttime: 14:49	
Heat: 2/3 Lane : 1 Athlete: NAUDé DANIël							Q-time: 05:28:12	
PB (25m pool): 05:28.12 LEUVEN 21/12/2025				PB (50m pool): no time SB: 05:28.12 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.32		01:16.60		01:58.25		02:40.20
	00:36.32		00:40.28		00:41.65		00:41.95	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:22.05		04:04.63		04:47.50		05:28.12
	00:41.85		00:42.58		00:42.87		00:40.62	
								

Coach feedback:

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Event number: 4: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 15:01
Heat: 1/1 Lane : 1 Athlete: LI YIYANG					Q-time: 99:99:99
PB (25m pool): 01:57.12 Dilbeek 10/05/2026					PB (50m pool): no time SB: 01:57.12 Dilbeek 10/05/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:53.75		01:57.12	
	00:53.75		01:03.37		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:07
Heat: 2/6 Lane : 1 Athlete: VERMEULEN LOUISE					Q-time: 01:56:46
PB (25m pool): 01:56.46 Zaventem 08/02/2026					PB (50m pool): 02:18.43 SB: 01:56.46 Zaventem 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.19		01:56.46	
	00:54.19		01:02.27		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 15:07
Heat: 2/6 Lane : 2 Athlete: ASSAM ELOISE					Q-time: 01:53:28
PB (25m pool): 02:06.08 Tremelo 14/12/2025					PB (50m pool): 01:53.28 SB: 02:06.08 Tremelo 14/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		01:00.00		02:06.08	
	01:00.00		01:06.08		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 15:10
Heat: 3/6 Lane : 3 Athlete: BOBEVA DARA					Q-time: 01:41:52
PB (25m pool): 01:42.03 Zaventem 15/07/2025					PB (50m pool): 01:41.52 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.15		01:42.03	
	00:48.15		00:53.88		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 15:15
Heat: 5/6 Lane : 2 Athlete: SOARES ALMEIDA ANNA					Q-time: 01:30:01
PB (25m pool): 01:30.01 Leuven 12/10/2025					PB (50m pool): 01:31.70 SB: 01:30.01 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.53		01:30.01	
	00:43.53		00:46.48		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:17
Heat: 6/6 Lane : 1 Athlete: PEERSMAN MALIN					Q-time: 01:26:19
PB (25m pool): 01:27.34 LEUVEN 21/12/2025					PB (50m pool): 01:26.19 SB: 01:27.34 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.55		01:27.34	
	00:41.55		00:45.79		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:17
Heat: 6/6 Lane : 3 Athlete: ROGIERS LAYLA					Q-time: 01:22:41
PB (25m pool): 01:22.41 Mons 26/10/2025					PB (50m pool): 01:25.07 SB: 01:22.41 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.42		01:22.41	
	00:39.42		00:42.99		
					

Coach feedback:

Event number: 5: 100M BREASTSTROKE WOMEN 11+					Heat:6, starttime: 15:17
Heat: 6/6 Lane : 4 Athlete: SOARES ALMEIDA LISA					Q-time: 01:27:72
PB (25m pool): 01:26.82 LEUVEN 26/11/2023					PB (50m pool): 01:27.72 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.82	
	no time				
					

Coach feedback:

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Event number: 6: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:19
Heat: 1/3 Lane : 2 Athlete: MEYFROODT FELIX					Q-time: 02:02:36
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:22
Heat: 2/3 Lane : 3 Athlete: SIGSWORTH KAYA					Q-time: 01:48:94
PB (25m pool): 01:48.94 LEUVEN 22/02/2026					PB (50m pool): 01:52.16 SB: 01:48.94 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.72		01:48.94	
	00:51.72 00:57.22				
					

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11-14					Heat:2, starttime: 15:33			
Heat: 2/2 Lane : 1 Athlete: GADEYNE OLIVIA					Q-time: 02:57:51			
PB (25m pool): 02:49.51 Dilbeek 10/05/2026					PB (50m pool): no time SB: 02:49.51 Dilbeek 10/05/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.12		01:23.30		no time		02:49.51
	00:40.12 00:43.18							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11-14					Heat:2, starttime: 15:33			
Heat: 2/2 Lane : 3 Athlete: VAN BEGIN SARAH					Q-time: 02:55:78			
PB (25m pool): 02:55.78 LEUVEN. 22/02/2026					PB (50m pool): 03:00.99 SB: 02:55.78 LEUVEN. 22/02/2026			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.18		01:27.56		no time		02:55.78
	00:42.18 00:45.38							
								

Coach feedback:

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Event number: 8: 200M BACKSTROKE MEN 11-14							Heat:3, starttime: 15:46	
Heat: 3/3 Lane : 3 Athlete: RATIU THOMAS							Q-time: 02:39:95	
PB (25m pool): 02:39.95 LEUVEN 23/11/2025				PB (50m pool): 02:56.88 SB: 02:39.95 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.13		01:19.15		02:00.24		02:39.95
	00:38.13		00:41.02		00:41.09		00:39.71	
								

Coach feedback:

Event number: 9: 100M FREESTYLE MIXED 10-9							Heat:1, starttime: 15:50	
Heat: 1/1 Lane : 1 Athlete: SCHAMP MILANA						Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:05	
Heat: 2/5 Lane : 3 Athlete: SOARES ALMEIDA LISA							Q-time: 01:17:75	
PB (25m pool): 01:14.51 LEUVEN 24/11/2024							PB (50m pool): 01:17.75 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.55		01:14.51				
	00:35.55		00:38.96					
								

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+							Heat:3, starttime: 16:07	
Heat: 3/5 Lane : 1 Athlete: SOARES ALMEIDA ANNA						Q-time: 01:13:51		
PB (25m pool): 01:13.51 Temse 17/11/2025				PB (50m pool): 01:14.40 SB: 01:13.51 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:35.37		01:13.51				
	00:35.37		00:38.14					
								

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 10: 100M FREESTYLE WOMEN 11+				Heat:3, starttime: 16:07	
Heat: 3/5 Lane : 2 Athlete: DE VOCHT FLORE				Q-time: 01:12:52	
PB (25m pool): 01:12.52 Tremelo 14/12/2025				PB (50m pool): 01:14.65 SB: 01:12.52 Tremelo 14/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.63		01:12.52	
	00:35.63		00:36.89		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+				Heat:4, starttime: 16:09	
Heat: 4/5 Lane : 4 Athlete: VAN BEGIN SARAH				Q-time: 01:12:45	
PB (25m pool): 01:12.88 LEUVEN 22/02/2026				PB (50m pool): 01:12.45 SB: 01:12.88 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:12.88	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 16:11	
Heat: 5/5 Lane : 1 Athlete: PEERSMAN MALIN				Q-time: 01:06:20	
PB (25m pool): 01:07.72 LEUVEN 22/02/2026				PB (50m pool): 01:06.20 SB: 01:07.72 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.70		01:07.72	
	00:32.70		00:35.02		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 16:11	
Heat: 5/5 Lane : 3 Athlete: ROGIERS LAYLA				Q-time: 01:05:75	
PB (25m pool): 01:06.06 LEUVEN 22/02/2026				PB (50m pool): 01:05.75 SB: 01:06.06 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.26		01:06.06	
	00:32.26		00:33.80		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 10: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 16:11	
Heat: 5/5 Lane : 4 Athlete: ANTIPINA ALEXANDRA				Q-time: 01:07:82	
PB (25m pool): 01:09.59 LEUVEN 22/02/2026				PB (50m pool): 01:07.82 SB: 01:09.59 LEUVEN 22/02/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.30		01:09.59	
	00:33.30		00:36.29		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+				Heat:1, starttime: 16:13	
Heat: 1/3 Lane : 1 Athlete: MEYFROODT FELIX				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 12: 100M BACKSTROKE MIXED 10-9				Heat:1, starttime: 16:20	
Heat: 1/1 Lane : 1 Athlete: SCHAMP MILANA				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+				Heat:1, starttime: 16:23	
Heat: 1/4 Lane : 2 Athlete: VERMEULEN LOUISE				Q-time: 01:45:26	
PB (25m pool): 01:45.26 LEUVEN 21/12/2025				PB (50m pool): 01:51.19 SB: 01:45.26 LEUVEN 21/12/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:51.27		01:45.26	
	00:51.27		00:53.99		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:26
Heat: 2/4 Lane : 1 Athlete: ASSAM ELOISE					Q-time: 01:39:77
PB (25m pool): 01:43.55 LEUVEN 21/12/2025					PB (50m pool): 01:39.77 SB: 01:43.55 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.46		01:43.55	
	00:49.46		00:54.09		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 16:26
Heat: 2/4 Lane : 3 Athlete: BOBEVA DARA					Q-time: 01:31:16
PB (25m pool): 01:32.17 LEUVEN 21/12/2025					PB (50m pool): 01:31.16 SB: 01:32.17 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.85		01:32.17	
	00:44.85		00:47.32		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:31
Heat: 4/4 Lane : 1 Athlete: VAN BEGIN SARAH					Q-time: 01:22:37
PB (25m pool): 01:23.38 Mons 26/10/2025					PB (50m pool): 01:22.37 SB: 01:23.38 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.30		01:23.38	
	00:40.30		00:43.08		
					

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:31
Heat: 4/4 Lane : 2 Athlete: ANTIPINA ALEXANDRA					Q-time: 01:17:06
PB (25m pool): 01:17.06 Mons 26/10/2025					PB (50m pool): 01:19.45 SB: 01:17.06 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.68		01:17.06	
	00:37.68		00:39.38		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:31
Heat: 4/4 Lane : 3 Athlete: VANHEULE LÉA					Q-time: 01:20:69
PB (25m pool): 01:19.92 Leuven 12/10/2025					PB (50m pool): 01:22.92 SB: 01:19.92 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:19.92	
	no time				
					

Coach feedback:

Event number: 13: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 16:31
Heat: 4/4 Lane : 4 Athlete: DE VOCHT FLORE					Q-time: 01:24:40
PB (25m pool): 01:24.69 Heist-op-den-Berg 10/01/2026					PB (50m pool): 01:24.40 SB: 01:24.69 Heist-op-den-Berg 10/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.22		01:24.69	
	00:42.22 00:42.47				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:34
Heat: 1/3 Lane : 1 Athlete: SPADEA SAMUELE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:34
Heat: 1/3 Lane : 3 Athlete: KERREMANS SEM					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 14: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:37
Heat: 2/3 Lane : 1 Athlete: SIGSWORTH KAYA					Q-time: 01:37:57
PB (25m pool): 01:39.44 LEUVEN 22/02/2026					PB (50m pool): 01:37.57 SB: 01:39.44 LEUVEN 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.46		01:39.44	
	00:48.46		00:50.98		
					

Coach feedback:

Event number: 15: 200M FREESTYLE WOMEN 11-14							Heat:3, starttime: 16:50	
Heat: 3/3 Lane : 4 Athlete: GADEYNE OLIVIA							Q-time: 02:37:18	
PB (25m pool): 02:32.17 Dilbeek 10/05/2026				PB (50m pool): 02:40.74 SB: 02:32.17 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.70		01:16.02		no time		02:32.17
	00:35.70		00:40.32					
								

Coach feedback:

Event number: 17: 100M BUTTERFLY MIXED 10-9					Heat:1, starttime: 17:05
Heat: 1/1 Lane : 2 Athlete: LI YIYANG					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:07
Heat: 1/3 Lane : 1 Athlete: BOBEVA DARA					Q-time: 01:43:12
PB (25m pool): 01:43.89 LEUVEN 23/11/2025					PB (50m pool): 01:43.12 SB: 01:43.89 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.42		01:43.89	
	00:47.42		00:56.47		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:09
Heat: 2/3 Lane : 1 Athlete: TYAGI YASHWINI					Q-time: 01:26:52
PB (25m pool): 01:28.97 LEUVEN 21/12/2025			PB (50m pool): 01:26.52 SB: 01:28.97 LEUVEN 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.39		01:28.97	
	00:41.39		00:47.58		
					

Coach feedback:

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:09
Heat: 2/3 Lane : 2 Athlete: ANTIPINA ALEXANDRA					Q-time: 01:21:74
PB (25m pool): 01:21.74 LEUVEN 22/02/2026			PB (50m pool): 01:25.13 SB: 01:21.74 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.65		01:21.74	
	00:36.65		00:45.09		
					

Coach feedback:

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:09
Heat: 2/3 Lane : 3 Athlete: DE VOCHT FLORE					Q-time: 01:26:33
PB (25m pool): 01:26.33 LEUVEN 22/02/2026			PB (50m pool): 01:26.55 SB: 01:26.33 LEUVEN 22/02/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.63		01:26.33	
	00:40.63		00:45.70		
					

Coach feedback:

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:09
Heat: 2/3 Lane : 4 Athlete: SOARES ALMEIDA ANNA					Q-time: 01:26:62
PB (25m pool): 01:30.50 LEUVEN 21/12/2025			PB (50m pool): 01:26.62 SB: 01:30.50 LEUVEN 21/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.52		01:30.50	
	00:41.52		00:48.98		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/3 Lane : 1 Athlete: PEERSMAN MALIN					Q-time: 01:17:00
PB (25m pool): 01:17.00 Leuven 12/10/2025					PB (50m pool): 01:19.51 SB: 01:17.00 Leuven 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.34		01:17.00	
	00:35.34		00:41.66		
					

Coach feedback:

Event number: 18: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/3 Lane : 3 Athlete: ROGIERS LAYLA					Q-time: 01:15:93
PB (25m pool): 01:16.38 LEUVEN 21/12/2025					PB (50m pool): 01:15.93 SB: 01:16.38 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.67		01:16.38	
	00:33.67		00:42.71		
					

Coach feedback:

Event number: 19: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 17:14
Heat: 1/2 Lane : 3 Athlete: SPADEA SAMUELE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 19: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 17:16
Heat: 2/2 Lane : 3 Athlete: RATIU THOMAS					Q-time: 01:12:65
PB (25m pool): 01:13.73 Mons 26/10/2025					PB (50m pool): 01:12.65 SB: 01:13.73 Mons 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.12		01:13.73	
	00:35.12		00:38.61		
					

Coach feedback:

ZCT Lenteprijs 2026: Session: 1: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 17:23	
Heat: 2/4 Lane : 2 Athlete: SIMONS HANNA							Q-time: 03:13:35	
PB (25m pool): 03:07.91 Dilbeek 10/05/2026				PB (50m pool): 03:21.23 SB: 03:07.91 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.30		no time		no time		03:07.91
	00:42.30							
								

Coach feedback:

Event number: 20: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 17:23	
Heat: 2/4 Lane : 3 Athlete: DE RYCK HANNE							Q-time: 03:19:88	
PB (25m pool): 03:11.93 Dilbeek 10/05/2026				PB (50m pool): 03:36.96 SB: 03:11.93 Dilbeek 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.94		no time		no time		03:11.93
	00:44.94							
								

Coach feedback:

Event number: 21: 200M MEDLEY MEN 11+							Heat:1, starttime: 17:35	
Heat: 1/3 Lane : 1 Athlete: KERREMANS SEM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 21: 200M MEDLEY MEN 11+							Heat:3, starttime: 17:44	
Heat: 3/3 Lane : 3 Athlete: NAUDé DANIËL							Q-time: 02:49:22	
PB (25m pool): 02:49.22 LEUVEN 21/12/2025				PB (50m pool): 03:01.66 SB: 02:49.22 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.02		01:19.11		02:08.85		02:49.22
	00:37.02		00:42.09		00:49.74		00:40.37	
								

Coach feedback: